

Opening to Possibility

Sunday, July 5, 2020 Taizé

Call to Awareness – 3 Bells

Opening Prayer – Chris sets the intention to create a space for Communion

Chant – *We Let it Be* by Agape International Choir

SILENCE

Reading – Rev. Diana

Good morning. If you are new with us today, my name is Rev. Diana Johnson, Pastor and Spiritual Director of Mystic Heart Spiritual Center, and I want to welcome you home.

Our theme for the month of July is *Free to Be Me*. And this morning, we are going to lead you on a meditative journey centered in *Opening to Possibility*, recognizing that before we can move into a state of Spiritual Awakening or Liberation, we have to see it as a real possibility in our lives. My invitation for you today is to find a place where you can be comfortable and settle into stillness, allowing whatever is happening right now to be what it is... with a sense of Easefulness... ease and fullness... letting go of everything else for the next hour. See how still you can be as you allow yourself to be carried away by the meditative tone of Taizé...

Now, let's take a couple of deep breaths, and with each breath, allow yourself to settle into the place of Peace, where we are all One... and feel into this moment together, into the gathering of this sacred community.

Now visualize with me a global web of consciousness, each of us a point of Light, all connected across the planet, all beings who in this moment, might be sitting in meditation or prayer, might be attending their own sacred services... acknowledging the Presence of the Divine... and holding each one of us, consciously connected through this celebration today... Feeling the collective intention that brought us here... Feeling the impulse to grow and evolve that's awakening in all of us.

In this holy moment, I am one with the Infinite Field of Possibility. There is nothing I need to do to make it so... it is what is always happening. And so, I awaken to it now...

I know that there are steps I can take to open my heart and mind to the possibility of Spiritual Awakening. First, I clarify my intention to wake up to the Truth of who I Am.

(Pause)

Stepping into Possibility Consciousness is stepping into a consciousness that doesn't impose limitations on my experience. I may not be sure what *is* possible AND

simultaneously, I don't assume things are *impossible*. I do not assume that Enlightenment is not possible for me, simply because I have not experienced it before.

Right here and right now, I step into Possibility Consciousness... I recognize that Spiritual Awakening is always occurring, and so I step willingly, consciously, into the flow of Spirit, allowing the Evolutionary Impulse, the Divine Urge, to awaken me to the Truth of my Being... I am compelled to live from the Source of Life Itself.

SILENCE

Chris – *July 4th Talk, 1937* by Ernest Holmes

True freedom -- true liberty -- has something cosmic behind it. If the time has come that modern science has proved that we cannot move a piece of paper without changing the balance of the entire physical universe; if we have come to the place where we know that the stuff of which our physical bodies are made is the same stuff of which the planets are made; if we have come to the place where such a profound unity is maintained that physicists believe there is no such thing as disunity in the physical world; then we can easily see what the great spiritual leaders of the ages meant when they told us of that greater unity in which we all live and move and have our being, and that the idea of freedom itself is tied up with the true concept of the unity of good. If our nature is one, if God is one -- and we know that God must be one, for the universe cannot be divided against itself -- then we are all tied into an indivisible unity. We shall have to get back to this unity to find the meaning of freedom. Nothing in any part of this cosmic whole could be considered freedom that would destroy the liberty of some other part of it. That would be self-destruction, would it not? As Jesus pointed out two thousand years ago, that would be a kingdom divided against itself. The kingdom of God is one kingdom. So we know that true liberty must spring from true unity.

We are bound into a supreme unity, we are tied into an immutable law of irrevocable cause and effect -- that is unity moving into action. Cause and effect is something that happens as a result of the use of unity. Consequently we are one even while we are many, and since each one of us is a part of the whole, if we seek to destroy each other we only ultimately hurt ourselves. That is the great lesson of life.

SILENCE

Musical Meditation – *Use Me* by Rickie Byars-Beckwith

SILENCE

Rev. Diana –

As I explore the idea that the full potential of Spirit dwells within me... that there is nothing outside of me that needs to be added... I realize that I'm already one with Source. This is who and what I've always been. There is no separation between me and what I am

seeking. In this knowing, I sense that my higher capacities already exist as part of my Divine Nature. Here and now, I have a limitless capacity to love and care for all beings. I have access to a wisdom faculty that is more profound than I have ever known before. Sensing this Truth, I begin to experience a greater sense of freedom from fear and limitation... I feel my faith growing... I somehow know that all is well. And there is a graceful flow that begins to permeate my life.

(Pause)

As I awaken to my inherent Divinity, I begin to willingly step into possibility consciousness. And then something even more amazing begins to happen. I begin to recognize the Evolutionary Impulse, the Creative Principle, at work in my life and my world. I begin to sense that there is a Force that is driving the Universe, an impulse toward Truth, Love, Beauty, Peace, Freedom. It begins to awaken in me a sense of coming Home... a sense of finding my True North in consciousness, and It draws me in. As my personal life begins to come into alignment with Source Energy, Wisdom, Power, and Grace, I feel an easing of resistance, a releasing of concern, and an even deeper sense of trust or faith. I become more present... I am more aware of what is seeking to happen moment by moment. And I am compelled to align with Inner Wisdom, to live from the highest place I can see.

SILENCE

Chris –July 4th Talk, 1937 by Ernest Holmes

The evolution of freedom in the human mind is a slow process. Many movements in the world that claim to be seeking liberty only produce new kinds of bondage. We should beware of them. They are born out of the idea of depression; they are born out of the spirit of bondage. If we want freedom, we must understand that freedom can never come by the imposition of a will of the minority over the majority. It is born finally, and only in such degree as some system is devised whereby individuals are allowed complete freedom so long as they do not, in their freedom, impose bondage on someone else.

I believe that the true spirit of democracy is a spiritual conception where there is freedom, liberty without license, and a flexibility that makes evolution possible on the foundation of freedom. As we enter into the spirit of the meaning of Independence Day, the day when liberty, symbolically, was conceived, the day when freedom, objectively, in our country was announced, we should think of it not merely as a political system or form of government, but we should think of it as a spiritual conception, an idea in the Divine Mind Itself, taking form in human experience; we should learn to love that liberty, and in loving the idea we should learn to tenderly and prayerfully handle the embodiment of that idea and nourish it always to greater strength; we should really conceive again the great spiritual conception of that rugged man of God who said: "...that government of the people, by the people, and for the people, shall not perish from the earth."

Musical Meditation – *Spirit Run My Life* by Andy Anderson

SILENCE

Rev. Diana Closing

I invite you now to go even deeper into the silence, into the stillness... into the Source of your being. (Pause) The Divine Self is emerging to become the more prominent consciousness of your being. Can you see that the personal sense of self does not disappear or become less important when the Divine Self emerges? It is just the opposite... the event that I call my personal life is happening in a much greater context. I still have personal experiences, relationships, responsibilities and commitments. But everything I do in every arena is more significant than ever before because I recognize myself as the Energy of Life, expressing Itself as me.

(Pause)

Once I have even the slightest idea that I Am one with my Source, I begin to realize that I am also one with everything and everyone else. All of a sudden, my choices matter. My thoughts, words, and actions are significant. In my interdependence with all of Life, I now have a responsibility... an ability to respond in ways that affirm the Life that I Am... that we all are. When I begin to truly experience that I and my Father are One, I see the importance of doing my part to bring heaven to our earthly experience.

(Pause)

I step fully, willingly, consciously, into Possibility Consciousness, knowing that in God, there are no limitations. And in Truth, I Am a perfect and intentional expression of the Divine. So, there are no limitations on my ability to live a life of Spiritual Liberation.

Rev. Diana - Closing Prayer

Rev. Diana – Blessing for the Offering

As I awaken to the God within me and all around me, I see Abundance everywhere I look. I consciously step into that flow of Abundance by this act of giving. I bless this gift, sending it forth to heal and prosper. It is evidence of my deep faith. It does good work in the world and blesses all of Creation. I give from a consciousness of Abundance! And so it is! Amen!

Offertory Music - *Shed a Little Light*, by James Taylor

Closing Gratitude, Brief Invitations, and Benediction