



June Message from the Rev...



This month we celebrate diversity! We need only look to Nature to show us how varied and colorful our world is. As we open our eyes and hearts to the beings that share this world with us, be they friends, family, neighbors, or the people and other beings in other countries and cultures, we find such beauty in our variation.

In addition to recognizing the Spiritual Principle of Unity through Multiplicity, we are celebrating **New Beginnings** as we give thanks for our first five years as a Spiritual Community, and prepare for the next leg of our journey. The Truth is that each of us has the opportunity for starting again in any and every moment, with every breath. The Kabbalah tells us that "For every breath we thank the Creator, because every breath is a new breath of life." We are not alive in this moment because we were alive a moment ago...we are alive in this moment because we are being infused with new life; not only infused with breath for our bodies, but infused with spiritual life for our souls.

Share this time in Community, as together, we plumb the depths of what it means to begin again. We give ourselves permission to make a fresh start, to *be a new me*, in any moment. **New Beginnings** require us to be present and mindful, to live fully engaged in the moment. They require us to let go of old stories and our resistance to change. And they call us to a profound journey from the head to the heart. They call us to bringing back the basic Practices that support such a journey...gratitude, prayer, meditation, journaling, study, and Sacred Service.

Join us each week for a time of shared Meditation, Prayer, Conversation, and Fellowship. Find the love and support of Spiritual Family. And bring a friend...we have a lot of love to share.

♥ **June 2 – The Power of Now**

♥ **June 9 – Getting Back to Basics**

♥ **June 16 – Practicing the Presence**

♥ **June 23 – Going Out of My Head**

♥ **June 30 – Every Day is a New Beginning (Lucinda Alton, RScP)**

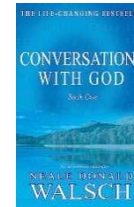


There are always new opportunities for growth, Service, and sharing in Beloved Community at *Mystic Heart*. Check our website, mysticheart.org, for upcoming events. And if you like what we're up to, be sure to spread the word.

Love and Light,

Rev. Diana

What's Happening in June at Your



The Mystic Heart Book Club is reading **Conversations With God, Book 1: An Uncommon Dialogue** by Neale Donald Walsch on **Tuesdays from 3:00 – 5:00 pm**

At a low period in his life, Walsch wrote an angry letter to God asking questions about why his life wasn't working. After writing down all of his questions, he heard a voice over his right shoulder say: "Do you really want an answer to all these questions or are you just venting? This is where the journey began. **Join Michael Bordeaux and Chris Netto in lively discussion. Donations gratefully accepted.**

Fast Track to Wellness Support Circle meets on Thursdays, 12 - 2 pm.

Our discussions serve two functions: we find support as we *check in* with others, and we gain knowledge as together we listen to audio and video presentations by an array of health experts. Participants take turns bringing in topics and information to share so that each of us has an opportunity to share topics that are applicable to our personal experience. If you'd like to have the regular support that a group setting can offer, and are seeking to create a healthier and happier experience in this Spiritual Journey we call Life, we welcome you! **Donations gratefully accepted!**



Metaphysical Bible Study, Thursdays from 3:00 – 5:00 pm.

Join Prayer Practitioner Chris Johnson for a metaphysical romp through the New Testament! We'll be wrapping up for the summer on June 13th, and reconvening to plumb the depths of the book of Revelation in the fall. Directly after completing that wild ride, Chris will begin to introduce the non-canonical gospels...the Gospel of Thomas, Phillip, Mary Magdalene, and others. Keep your eyes open for more information...you won't want to miss it. **Drop-Ins Welcome. Donations gratefully accepted. BYOB...bring your own Bible!**

Mystic Heart is gearing up for a Fundraising Parking Lot Sale, June 14-15, 8 am-2pm.

Consider donating to Mystic Heart 💜 We are looking for~

- ♥ home decor
- ♥ working small appliances
- ♥ gently used clothing
- ♥ equipment & tools
- ♥ costume jewelry
- ♥ toys & puzzles
- ♥ books, cd's, and dvd's
- ♥ furniture (not mattresses)
- ♥ sporting goods



Please make sure all items are **clean** and in **saleable condition**. To arrange a drop off (preferred) or pick-up, please message us by email (doreen_timmons@yahoo.com or revdiana@mysticheart.org), or text Doreen at 530-722-5120 or Rev. Diana at 530-356-1227, and we will contact you to arrange a drop off / pick up time.

at 3613 Bechelli...right across the parking lot 😊 Thank you for your support! **We also need to borrow some items. Please contact Doreen or Rev. Diana if you have folding tables, clothing racks, or hangers we can borrow. We also could use a large number of paper or plastic grocery bags. Finally, please sign up to help the crew during the sale. There is a sign up sheet in Suite H. Thank you for all you do to make our Community a warm and welcoming place. And thank you for your commitment to our growth and thriving!**

Join Mystic Heart in our outreach to the greater community, June 22nd from noon – 5:00 pm.

Sign up to work the booth as a representative of Mystic Heart. Spend an hour or two interacting with folks and helping to get the word out...

Mystic Heart is a welcoming and accepting Spiritual Community that supports, promotes, and celebrates your growth in body, mind, and spirit. We are an **Independent Interfaith Community**, where people of all ages, races, creeds, ethnicities, sexualities, and abilities come together, not as groups separated *by their differences*, but as human beings celebrated *for their individuality*.



Lots of Opportunities to Help Out at Mystic Heart

Music Team: are you a musician looking for a Spiritual outlet for all that talent? We are seeking to have live music every week (eventually) and would love to have you share the Love through Music.

Cleaning Team: our cleaning fairies could use some help taking care of our beloved Gathering Place. Might you be able and willing to clean our suites once a month, or join others in the work?

Sound Team: we just purchased some new equipment and now is the time to bring anyone who is interested up to speed on how to run the sound desk for our Sunday Gatherings. Might you be interested in learning, and personing the desk once a month? Contact Michael or Chris Johnson for more information.

Contact Rev. Diana for more information, or to get on the sign-up list.

AND

Please consider joining us on Wednesdays to clean and paint our new building. Join us anytime between 1:00-5:00 pm in the new location, 3613 Bechelli Ln., to help with one of the following: (people with muscles and dollies) moving cabinets; washing down cabinets/walls in preparation for painting; painting cabinets, walls, and trim...and an array of other creative pursuits. All supplies will be present. We'll crank some tunes. Stay as long as you can/want to. Wear your grubbies.



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Mark Your Calendars...

July 6th...mark your calendars for Family Fishing Day with April and Maile. This is a Mystic Heart Family Fun-Raiser, and includes a brunch-style picnic. Suggested donation \$20. More details to come...

July 13th...join us for the next Mystic OAKS Adventure. We'll be visiting Lavineyard Lavendar Farm in Whitmore. Bring a picnic, tour the farm, and bring home your own bundle of lavender. Meet at 9 am to carpool, or meet us there at 10 am. \$9 per person, paid at the farm. More details to come...

Please join April Jimenez-WinterSky, Saturday, July 20th from 11am to 1:30pm for part 2 of the Dancing the Wheel Workshop. We will walk the path of the South and explore the lessons of thought and future. Together, we will travel with the Buffalo and embrace the lessons of Summer. We will also be making nature rattles. Please bring along any beads or feathers you would like to add to this beautiful craft. Text April at 562-440-3785 for more information. \$20/person.

