

# *Freedom in Sadhana*

*September 22, 2024*

Anton Mizerak & Laura Berryhill,  
with Rev. Diana Johnson, IM, RScM, & Lucinda Alton, RScP



An Independent Interfaith Community  
Practicing the Possible Through Prayer

## *Taizé*

**9:30 Rev. Diana – Invite the Bell            3 Bells**

**Lucinda – Opening Prayer**

**Anton, Laura, Diana, & Chris – Opening Music**

 ***Welcome Home to Your Mystic Heart*, written by Diana & Chris Johnson**

 ***Shivaya*, written by Karl Anthony**

**Anton & Laura – Music, Meditation, & Message**

**Rev. Diana – Offering**

**Anton & Laura – Offertory Music**

**Rev. Diana – Blessing for the Offering**

**Anton, Laura, Diana, & Chris – Taizé Closing Music**

 ***A Soul's Blessing*, written by Chris Johnson**

## *Conscious Conversation*

**Lucinda – Opening Prayer**

**Anton, Laura, Diana, & Chris – Opening Music**

 ***Welcome To the Mystic Heart*, written by Diana & Chris Johnson**

 ***One Big Family*, written by Robin Hackett & Gary Lynn Floyd**

 ***I'm A Believer*, written by Neil Diamond**

**Anton & Laura – Music, Message, & Conversation**


**Rev. Diana – Offering**


**Anton & Laura – Offertory Music**

**Lucinda – Blessing for the Offering**


**Lucinda – Invitations**


 ***The Mystic Heart Book Club meets on Tuesdays from 3-5 pm. We are reading Conversations With God, Book 2 by Neale Donald Walsch.***


 **Fast Track to Wellness meets on Thursdays, from 12:00-2:00 pm. If you'd like support in your physical, mental, emotional, and spiritual body's journey, you might want to check it out.**


 **Metaphysical Bible meets on Thursdays from 3:00 – 5:00 pm to continue our exploration of the Book of Revelation.**

### **Mark Your Calendars...**

 **The Mystic OAKS group invites you to join them for a return trip to Dakaro Vineyards, this time for wine tasting and Pizza! Saturday, October 12<sup>th</sup>, 12:00 – 4:30 pm. Wine tasting is free, purchase of a bottle of wine is appreciated. Cost of pizza will be shared among participants. Contact Chris Netto for more information.**

 **Inviting Cultures Beyond Borders, Saturday October 19<sup>th</sup>, 10 am – 2 pm: Join us for a real Celebration of Humanity at the Sikh Center in Anderson. Mystic Heart will have a booth and be in charge of recycling. This is always an enriching experience celebrating diversity and Unity. There is free food flowing all day long, speakers from a variety of traditions, and Sikh Martial Arts demonstrations, just to name a few. Please contact Rev. Diana to sign up to help out. You won't be sorry you spent the day in Celebration of Humanity!**

 **Mystic Heart Fall Book & Bake Sale, October 25 – 26: You are invited to bring your gently-used books, as well as music CD's record albums, and DVD's to Mystic Heart during regular gathering times. Also, Calling All Bakers...we will be setting up a table filled with your individual cookies, cupcakes, muffins, rice-crispy treats...whatever strikes your fancy. Contact Rev. Diana if you can help.**

 **Namaste Café! Friday, December 6<sup>th</sup>, 6:30 – 9:00 pm at the Mystic Heart Gathering Place 2.0. Do you have a talent to share? Bring your positive and uplifting music, poetry, comedy, or ??? Join in the fun and share your gifts at Mystic Heart's first Open-Mic Night. Anything (positive) goes at this evening of sharing our time, talent, creativity, and love. Appetizers, desserts, and beverages will be provided. Suggested donation: \$10 - \$20 per person. Mark your calendars...tell your friends. More info to come.**

**There is more information available in the September Bulletin and on our website.**

**Information Cards if new people**

**Prayer Requests: I am available after service for prayer, or fill out a prayer card and I will get your request to our Prayer Team for daily prayer – We invite everyone to help us make a private space for prayer here in the Sanctuary by joining us next door for lunch**

## Anton, Laura, Diana, & Chris – Closing Song

 **Love Be With You**, written by Lainey Bernstein, RScP, & Gary Lynn Floyd



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