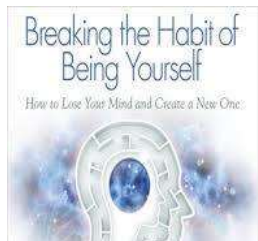




## February Message from the Rev...

I am amazed at the rapid passing of time, at the fact that January is behind us, and we have entered the season where cold, rainy storms are interrupted by warm, spring-like days, or even weeks. Like Yin and Yang, there is a balance that emerges as the Blessed Mother dances back and forth, encouraging the bulbs planted in November and fallen seeds of winter to inch their way toward the light of day.

The theme at Mystic Heart for 2025 is **Through the Lens of Story**, and during the month of February we will look more closely at **The Power of Creation**. We say that there is only One Power in the Universe, but how do we know for sure? It certainly seems that, in this material realm, there are powers of good *and* evil. But are these truly powers in and of themselves? And if there is only One Power, how does it work? And how can I work with it to show forth goodness in my life?



This month, we'll be looking at Love from a God's Eye perspective, and how Divine Love leads us naturally to Service. We will explore the Spiritual Law of Faith, and how it can ultimately land us in a state of complete surrender...if we let it. Why does this matter? Because the surrendered state is where Infinite Possibility opens up in our lives. We'll be revisiting the power of imagination and how it fuels the **Power of Creation**. And we'll support one another in making changes to how we might be using this amazing Power.

Each of us is the author of our own experience. Join me in viewing world events **Through the Lens of Story** and becoming a conscious creator in your own life and as we move into a New Year filled with possibility.

- ♥ February 2 – *From Love to Service*
- ♥ February 9 - *From Faith to Surrender*
- ♥ February 16 – *From Dream to Action*  
(music by Dalton Fitzgerald)
- ♥ February 23 – *From Planning to Living* (Lucinda Alton, RScP)

Each week we share a time of Meditation, Prayer, Conversation, and Fellowship. Step into the New Year, and the Infinite Possibilities that are before us, taking part in a welcoming and supportive Spiritual Community.

*Come as you are...Bring a Friend...You'll be glad you did!*

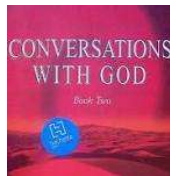
There are always new opportunities for growth, service, and sharing in Beloved Community at *Mystic Heart*. And if you like what we're up to, be sure to spread the word.

Love and Light,

*Rev. Diana*



## What's Happening in February at Your



**The Mystic Heart Book Club** continues its reading of **Conversations With God, Book 3: An Uncommon Dialogue** by Neale Donald Walsch on Tuesdays from 3:00 – 5:00 pm.

When Neale Donald Walsch was experiencing a low point in his life, he decided to write a letter to God. What he did not expect was a response and the result was "Conversations with God Book 1". Conversations with God, Book 3 resumes the dialogue where Book 2 left off, and takes us even further in our questioning and search for answers, dealing with the universal truths of the highest order, and the challenges and opportunities of the soul. This incredible series contains answers that will change you, your life, and the way you view other beings.

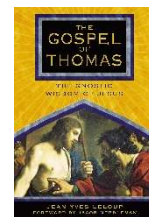
**Join Michael Bordeaux and Chris Netto in lively discussion.**

### **Fast Track to Wellness Support Circle, Thursdays,**

**12 - 2 pm.** Join Rev. Diana every Thursday as our group discussions serve two functions: we find support *checking in* with others, and we gain knowledge as together we listen to/discuss audio and video presentations by an array of Body/Mind/Spirit Practitioners. We are currently studying intermittent fasting as a tool for optimum health; looking at the brain/gut connection; and spending time with Dr. Joe Dispenza's **Breaking the Habit of Being Yourself**. The first Thursday of every month, we learn about *Eating for Health and Wellness* by preparing healthy foods together, and learning about their health benefits. If you'd like to have the regular support that a group setting can offer, and are seeking to create a healthier and happier experience in this Spiritual Journey we call Life, we welcome you! **This group will not be meeting on February 20<sup>th</sup>, as Rev. Diana and Chris will be out of town.**

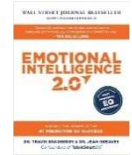
### **The Gospel of Thomas, Thursdays from 3 – 5 pm.**

Join Prayer Practitioner Chris Johnson for an intriguing journey through the teachings of Yeshua. In this gospel, Jesus describes a journey from limited to unlimited consciousness. The Jesus that Thomas presents invites us to drink deeply from the well of knowledge that lies within, not so that we may become good Christians but so we may attain the self-knowledge that will make each of us, too, a Christ. **Recommended reading: The Gospel of Thomas: The Gnostic Wisdom of Jesus by Jean-Yves Leloup.**



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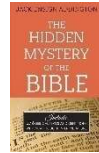
Do you have an hour or two each week to share with our Community? Join Rev. Dian, Lucinda Alton & the Mystic Heart Cleaning Fairies for an Informational Meeting on Saturday, February 15<sup>th</sup> from 3:30-4:30.



**Emotional Intelligence and the Power of Positive Prayer**  
**This class will not be meeting on February 19<sup>th</sup>, as Rev. Diana and Chris will be out of town.**

**Metaphysical, Allegorical Bible Survey**

**This class will not be meeting on February 19<sup>th</sup>, as Rev. Diana and Chris will be out of town.**



**The Master Gardener Spring Workshops at The Shasta College Farm, Saturdays, February 8<sup>th</sup>, March 9<sup>th</sup>, and April 26<sup>th</sup> from 10:30 am – 1:00 pm. Suggested Donation: \$5 for the whole morning!**



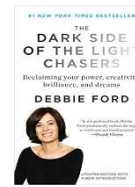
Join Rev. Diana and a host of Master Gardeners and plant enthusiasts for a morning of workshops designed to prepare you for your spring planting and summer gardening. Contact Rev. Diana for more information.

**Write a New Story – In Living Color!**

**Saturday, March 1<sup>st</sup>, 1:00 am – 4:00 pm at the Mystic Heart Gathering Place.** Join us for this time of prayerful creativity, using **Collage on Canvas** as the medium. Give yourself the gift of time to create a **visual prayer...a way of listening to your heart's desires, giving focus to your soul's intention, and laying it out...in living color!** You will then see it every day and be reminded of your heart's desire. You will remember to be grateful that the answered prayer is already moving into form and experience in your life. We'll follow the time of prayerful creativity with some time for sharing, so that others can support us in our Journey.

**Snacks and all materials will be provided.**

**Suggested donation: \$20 per person.**



**Body, Mind, Spirit II: Shadow and Story**

**This group will not be meeting on February 20<sup>th</sup>, as Rev. Diana and Chris will be out of town.**

**Medicine Wheel Workshop with April Jiménez, Saturday, March 22<sup>nd</sup>, 11:00 am-1:00 pm at the Mystic Heart Gathering Place.** Come and join April in a deep dive into the spiritual season of spring. Explore the Indigenous understanding of rebirth and new life and how we can tap into this beautiful time to promote balance and *Spring into Life*. This is one of four up-coming workshops in the Spokes of the Wheel Series. Snacks will be provided.



**Suggested Donation: \$20, All donations gratefully accepted.**



**St. Patty's Day Dinner and Dance Party! Friday, March 14<sup>th</sup>, 6:00 – 9:00 pm at the Mystic Heart Gathering Place.**

Join us for a real St. Patty's Day feast, as Rev. Diana and Chris Johnson sponsor and prepare a corned beef and cabbage dinner. Soup, salad, main course, and dessert will be served.

Non-alcoholic beverages will be provided...you are welcome to BYOB. Tommy Johnson, DJ Extraordinaire, will be spinning the vinyl for this Fun-Raising event. And there will be a raffle happening, as well! The cost for this fun-filled evening is \$30/person, with 24 tickets available. Get your tickets starting on February 16<sup>th</sup>. **Mark your calendars...tell your friends.**



**More info to come.**



**Many Thanks to our dedicated volunteers. Thanks to you, our Spiritual Center is thriving!**

**Sound Team...Michael Bordeaux, Maile Gorospe, and Chris Johnson**

**Cleaning Team...Lucinda Alton, Brenda Waggoner, and Diana Johnson**

**From the Hearth Bread Team...Gary Solberg, Brad Fortier, Heidi Hentila, and Chris and Diana Johnson**

**Farmer's Market Transport Team...Michael Bordeaux, Chris and Diana Johnson.**

**Sunday Food Team Leaders...Cathy Aiken, Jami Potts, and Lucinda Alton AND all who bring delicious food to share each week.**